

ABSTRACT

Migrant workers face significant challenges across economic, social, and psychological dimensions. This study examines the primary issues they encounter, including labor exploitation, discrimination, inadequate legal protections, and poor living conditions. Driven by economic hardship, migrants often endure exploitative labor practices with low wages and unsafe workplaces. Socially, they face discrimination and marginalization due to cultural differences, language barriers, and xenophobia. Legal frameworks are often insufficient, leaving migrants vulnerable to mistreatment by employers and recruitment agencies. Psychologically, the stress of displacement and uncertain living conditions contributes to mental health issues like anxiety and depression. Addressing these challenges requires comprehensive policy reforms, stronger international cooperation, and greater awareness to protect migrant workers' rights and well-being.